



ZOOM

Women's Book Discussion

This Women's Book Discussion Group will explore different themes including self-esteem, friendship, relationships, spirituality and hope. Topics will be selected from the book by Melody Beattie, *"The Language of Letting Go"* and *"Each Day A New Beginning"* by Karen Casey. Participants will be invited to listen and share their common experiences, struggles and strengths.

Tuesdays 10:00 - 11:00 AM
51 Cole Parkway, Scituate 02066
Zoom ID: 194 335 786 PW: sspr

Facilitator: Carol Sasso

Carol Sasso, a women in long term recovery, has been a part of South Shore Peer Recovery since it's inception in 2014. Carol's group offers a friendly format for women to connect and seek support from one another on their recovery journeys. This group is is a great way for women to connect through recovery!