










Recovery Support Services and Groups are ALWAYS FREE.  
Drop-ins are always welcome!

# February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <b>11AM GOSNOLD FAMILY SUPPORT</b>	<b>2</b> 8.30AM AA 7.30PM YOUNG PEOPLE AA 	<b>3</b> 8.30AM AA 10AM WOMEN'S GROUP 7PM REFUGE RECOVERY	<b>4</b> 8.30AM AA 6PM RECOVERY ACUPUNCTURE	<b>5</b> 8.30AM AA 1PM CREATIVE COMMUNITY <b>6PM AL-ANON</b>	<b>6</b> 8.30AM AA 10.30AM DROP-IN & "ASK A COACH" <b>1PM FAMILY FIRST FRIDAY GROUP</b>	<b>7</b> 10AM YOGA FOR RECOVERY
<b>8</b> <b>11AM GOSNOLD FAMILY SUPPORT</b>	<b>9</b> <b>CLOSED TILL NOON (STAFF TRAINING)</b> 8.30AM AA 7.30PM YOUNG PEOPLE AA	<b>10</b> 8.30AM AA 10AM WOMEN'S GROUP 7PM REFUGE RECOVERY	<b>11</b> 8.30AM AA 6PM RECOVERY ACUPUNCTURE 	<b>12</b> 8.30AM AA 1PM CREATIVE COMMUNITY <b>6PM AL-ANON</b>	<b>13</b> 8.30AM AA 10.30AM DROP-IN & "ASK A COACH"	<b>14</b> <b>HAPPY VALENTINES</b> 10AM YOGA FOR RECOVERY 
<b>15</b> <b>11AM GOSNOLD FAMILY SUPPORT</b>	<b>16</b> <b>PRESIDENTS DAY (CENTER CLOSED)</b> 8.30AM AA <b>6PM YOGA NIDRA</b> 7.30PM YOUNG PEOPLE AA 	<b>17</b> 8.30AM AA 10AM WOMEN'S GROUP 7PM REFUGE RECOVERY	<b>18</b> 8.30AM AA <b>4PM COMMUNITY MEETING</b> 6PM RECOVERY ACUPUNCTURE	<b>19</b> 8.30AM AA 1PM CREATIVE COMMUNITY <b>6PM AL-ANON</b> 	<b>20</b> 8.30AM AA 10.30AM DROP-IN & "ASK A COACH"	<b>21</b> 10AM YOGA FOR RECOVERY
<b>22</b> <b>11AM GOSNOLD FAMILY SUPPORT</b>	<b>23</b> 8.30AM AA 7.30PM YOUNG PEOPLE AA	<b>24</b> 8.30AM AA 10AM WOMEN'S GROUP 7PM REFUGE RECOVERY	<b>25</b> 8.30AM AA 6PM RECOVERY ACUPUNCTURE 	<b>26</b> 8.30AM AA <b>1PM CREATIVE COMMUNITY (GUEST ARTIST)</b> <b>6PM AL-ANON</b>	<b>27</b> 8.30AM AA 10.30AM DROP-IN & "ASK A COACH"	<b>28</b> 10AM YOGA FOR RECOVERY 
Red: Offsite Blue: Family Group Green: Special Event Orange: Outreach Purple: ZOOM ONLY					 FACEBOOK	 WEBSITE